

# Year in review 2022

Thanks to your support we have made great progress - 2022



## Creating Impact

**New services** | A new respite home in Rehovot for veterans with CPTSD | Emergency shelter for youth | Dual diagnosis hostel | Milam branch in Ariel | "Cookies and more" – Bakery shop in Karmiel city

**RUOK?** | We launched the Australian R U O K? initiative to normalize the discourse on mental health | R U O K? day event | A full coverage on channel 12 | Cooperation with local authorities

**AWARD WINNER 2022** | We won the Zero Project award for our Nofesh - Accessible Tourism for Persons with Psychosocial Disabilities program

**דוּ שִׁיחַ** | Dialogue project We opened another course for peers with lived experience

**headspace** | We expanded our activity for adolescents as well as becoming a service provider to the Ministry of Education

**HAARETZ** | Mental health magazine in collaboration with Haaretz newspaper

**Stigma scale** | We launched the Stigma Index for the first time aiming at combating the abusive discourse regarding mental health

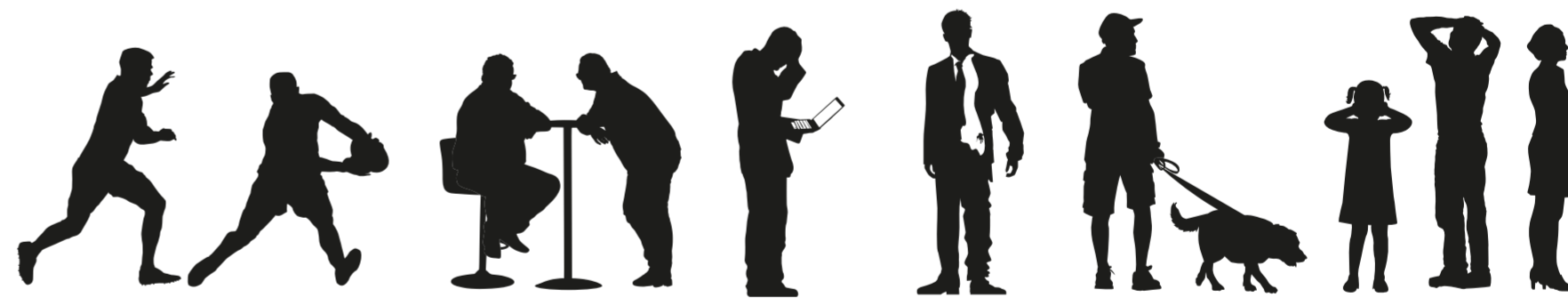
## Professional Conferences



## Surveys

### RUOK? Survey

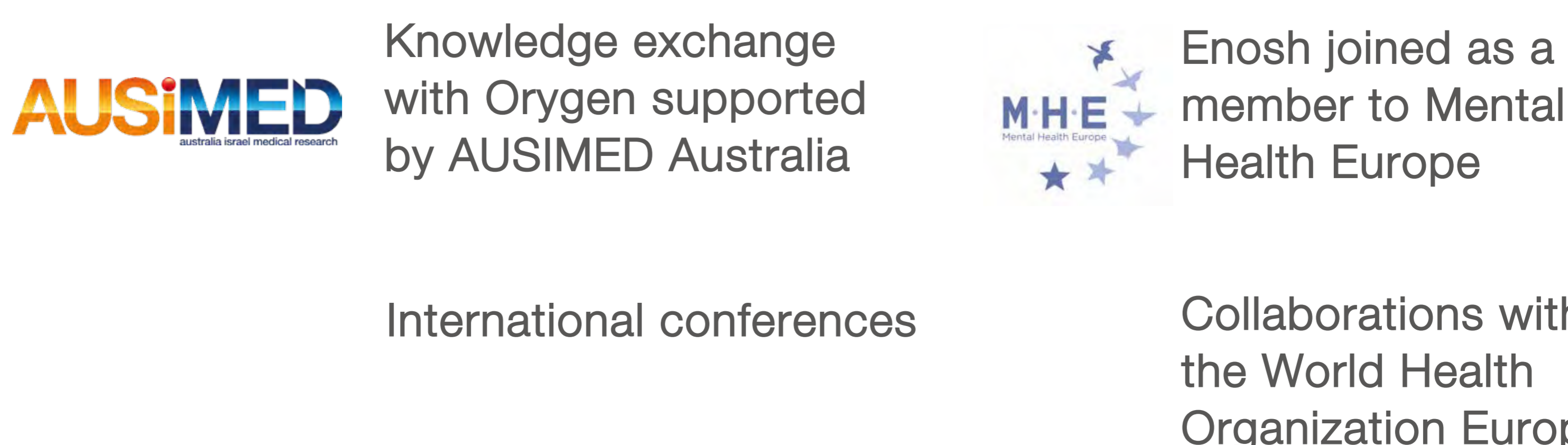
How much interest do people in Israel show to those around them...



## Partnerships



## International activity



\* The data collection has changed during 2022 hence the number of service users in 2021 was 14,215